

Sailing Instructions

VRC Polar Bear Series
2022-2023



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Thank you to North Sails Vancouver for supporting
the Polar Bear Series on and off the water!



Preamble

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1. RULES

- 1.1. The series is governed by the rules as defined in The Racing Rules of Sailing, as modified by NoR 1.2.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of race will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at <https://vrccracing.ca/polarbear/>.
- 3.2. The race office is located at Vancouver Rowing Club located at 450 Stanley Park Drive, Vancouver, BC, telephone 604-687-3400, email raceofficer@vrccracing.ca.
- 3.3. On the water, the race committee intends to monitor and communicate with competitors via **VHF radio on channel 68** (called the Regatta VHF hereafter).
- 3.4. All Boats shall notify the race committee of their intention to race prior to 1045 hours at the beginning of each day by providing their boat name and sail number to the race committee by Regatta VHF, or by approaching the signals boat and hailing. Failure to comply with this instruction may result in the boat being scored "Did Not Start" without a hearing. This changes RRS A4 and RRS A5.

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be delivered to the fleet via email to the email address supplied to VRC during registration.
- 5.2. When an email is delivered to the fleet signalling a postponement in lieu of raising flag AP, '1 minute' is replaced with 'not less than 45 minutes.' This changes Race Signals AP.

6. SCHEDULE OF RACES

6.1. See NoR 7.1.

7. CLASS FLAGS

7.1. See NoR 4.5.

8. RACING AREA

8.1. See NoR 8.

9. COURSES

9.1. Marks are to be rounded in the sequence they appear on the course board, which will be displayed on the race committee Signal Vessel.

9.2. When the race committee displays a green flag, all non-gate marks shall be rounded to starboard. When the race committee does not display a green flag, all non-gate marks shall be rounded to port.

9.3. The race committee may fly signal flag "TANGO" indicating the course to be sailed shall require:

- (i) Rounding the marks in the order displayed, then;
- (ii) Passing through (and rounding if required) a gate formed between the vessel and float supporting the start line staffs displaying orange flags, before;
- (iii) Again rounding the marks in the order displayed, prior to crossing the finish line.

9.4. **GATE REMINDER:** See RRS Definition "Sail the Course" part (c).

10. MARKS

10.1. The letters/marks are identified and described in Attachment A of these sailing instructions.

11. THE START

11.1. The starting line is between a staff displaying an orange flag on the Signal Vessel and a nearby floating pin displaying an orange flag.

11.2. There may be an inflated tetrahedron attached to the race committee Signal Vessel. This tetrahedron and all lines attached to it are part of the race committee Signal Vessel.

11.3. [NP] [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other divisions.

11.4. If any part of a boat's hull is on the course side of the starting line during the one minute before her starting signal and she is identified, the race

committee will attempt to broadcast her sail number on the Regatta VHF channel. See also NoR 1.2.5.

11.5. If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. See also NoR 1.2.5.

11.6. A boat that does not start within 15 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12. CHANGE OF THE NEXT LEG OF THE COURSE

12.1. To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

13. THE FINISH

13.1. The finish line is between a staff displaying an orange flag on the race committee Signal Vessel and a nearby floating pin displaying an orange flag unless the use of a separate Finish line is declared in the course, designated by the letter "F" (See SI 13.2).

13.2. If a course concludes with the letter "F": This course will utilize a separate finish line between a staff displaying a blue flag on the race committee Signal Vessel and a nearby Finish pin displaying a blue flag.

13.3. If the race committee Signal Vessel is absent when a boat finishes, she shall report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

14. TIME LIMITS

14.1. See NoR 7.2.

15. HEARING REQUESTS

15.1. The protest time limit is 90 minutes after the last boat finishes the last race of the day or 17:00 whichever is later.

15.2. Hearing request forms shall be completed online using the RRS.org website: https://www.racingrulesofsailing.org/protests/new?event_id=4909.

15.3. Questions regarding hearings may be sent to the Race Officer at raceofficer@vrccracing.ca.

15.4. Hearings will be heard in person at Vancouver Rowing Club using physical distancing protocols or online using Zoom, at the discretion of the Chief Judge. Whenever possible, protests will be heard in the approximate order in which they were received.

15.5. Notices of Protests will be posted on the Racing Rules of Sailing event page at: <https://www.racingrulesofsailing.org/schedules/4909/event>. Parties to a

protest will be informed by telephone or email at least 24 hours before the hearing, to inform competitors of hearings in which they are parties. Parties are responsible for informing their own witnesses and ensuring their witnesses' attendance.

- 15.6. Hearing decisions will be posted on the Racing Rules of Sailing event page at: <https://www.racingrulesofsailing.org/decisions/4909/event>.

16. SCORING

- 16.1. See NoR 11.

17. SAFETY

- 17.1. See NoR 1.2.1, NoR 1.2.4 and NoR 1.4.

ATTACHMENT A—Course marks

"A"	Point Grey Bell Buoy N 49°17.3' W 123°15.9'
"B"	Kits Barge Buoy N 49°16.9' W 123°09.8'
"C"	QC Buoy N 49°18.2' W 123°10.0'
"D"	QB Buoy N 49°19.0' W 123°12.1'
"E"	Anchored Inflatable: RC will communicate position & colour by Regatta VHF
"F"	This course utilizes a separate Finish line between two staffs flying a blue flag (SI 13.2)
"G"	Race Start Pin: Floating staff w/orange flag used as start pin
"H"	Start Line Gate: A gate is formed between Signal Vessel and Start pin.
"K"	Windward Inflatable: RC will communicate position & colour by Regatta VHF
"L"	"English Bay 46304" weather buoy N 49°18.0' W 123°21.36'
"P"	Passage Island
"W"	Windward Inflatable: RC will communicate position & colour by Regatta VHF
"Y"	Leeward Inflatable: RC will communicate position & colour by Regatta VHF
"X"	Anchored Freighter: RC will communicate details by Regatta VHF
"Z"	Anchored Freighter: RC will communicate details by Regatta VHF