



**Vancouver Rowing Club
Remembrance Day Race 2018
Sailing Instructions
w/Amendment #1 (Nov 9, 2018)**



1 Rules

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* and the Rules of PHRF-BC.
- 1.2** All boats must comply with Transport Canada and Canadian Coast Guard regulations, and [World Sailing Offshore Special Regulations Category 4 with Sail Canada Prescriptions](#), and as amended in this section.
- (a) A tubular type, commercially available radar reflector permanently mounted within 15 degrees of vertical and meeting the minimum effective height requirement shall be considered compliant with OSR 4.10.1.
 - (b) Compliance with 4.26.2(a)(ii) (alternative means to attach the luff to the stay) is recommended but shall not be required. A roller furling headsail or #3 or smaller jib, suitable for heavy weather, shall be considered compliant with OSR 4.26.2(a).
 - (c) Lifejackets or PFDs meeting applicable government requirements shall be considered compliant with OSR 5.01.1 (lifejacket specifications), provided that
 - i. inflatable devices are fitted with crotch or thigh straps (ride up prevention system (RUPS));
 - ii. inherently buoyant devices are fitted with crotch or thigh straps (ride up prevention system (RUPS)) or if the user has taken alternative measures to ensure the device does not ride up;
 - (d) A propulsion engine is required. While racing, a boat shall also carry sufficient fuel for safety purposes such as crew-overboard recovery and to motor from the farthest point on the course to the host venue docks, the boat's home port, or a safe harbour, whichever is closer, in the forecasted conditions.
 - (e) Carriage of the number of fire extinguishers required by law shall be considered as compliant with OSR 4.05.2 (Fire Fighting Equipment).
 - (f) A depth sounder is recommended. This changes rule OSR 4.13.2 (Depth, Speed and Distance Instruments).
 - (g) Carriage of the pyrotechnic signals required by law shall be considered as compliant with OSR 4.23 (pyrotechnic and light signals). SOLAS flares are permissible but not required.
 - (h) Boats designated as one design by World Sailing, whose one design class rule conflicts with OSR section 3 requirements (structural features, stability, fixed equipment):
 - i. shall not be penalized for non-compliance with OSR section 3 that is a result of conflict with their one design class rule,
 - ii. shall have all crew wearing lifejackets or PFDs while racing,
 - iii. shall carry at least two thermal protective aids or other devices for treating

crew following a crew overboard incident,

- iv. in the absence of class rule compliance with OSR 3.14 (pulpit, stanchion and lifelines), shall carry at least one harness and safety line (tether) and have attachment point(s) to reduce crew overboard risk when working forward of the mast.

2 Notices to Competitors

Notices to competitors will be posted on the official notice board located at the entrance to the members' docks at the Vancouver Rowing Club, as well as at www.vrcracing.ca prior to 0900 hours on the day of the race.

3 Changes to Sailing Instructions

Any change to the Sailing Instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed at the Mast Tower at the Vancouver Rowing Club and will be posted to the VRC Racing Facebook page.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5 Schedule of Races

- 5.1 Date of Racing: November 11, 2018
- 5.2 The scheduled time of the warning signal for the race is 1105 hours.
- 5.3 There will be only one race.
- 5.4 No warning signal will be made after 1400 hours.
- 5.5 The Race Committee will signal two minutes of silence in commemoration of Remembrance Day by a sound signal at 1100 hours. The Race Committee will signal the end of the two minutes of silence by a further sound signal. During the two minutes of silence, no engine use is permitted except in an emergency.

6 Divisions and Class Flags

- 6.1 There will be only one class.
- 6.2 The class flag will be the Numeral Pennant 1.
- 6.3 The race will be a pursuit start. The schedule of starts is set out in Attachment A.

7 Racing Areas

Racing will take place in the vicinity of English Bay.

8 The Courses and Marks

The Course is from the starting line to the Point Grey Bell Buoy (at approximately 49°17.35' N 123°15.9' W), leaving the mark to port, then return to the finish line.

9 The Start

- 9.1 (a) The race will be started as set out by the signals in Attachment A. This modifies RRS 26.

- (b) The start time is determined by the PHRF rating of the boat as set out in Attachment A.
 - (c) Starting intervals for each rating range is one minute apart. Numeral Pennant 5 will be raised with one sound to signal five-minute intervals, commencing at 1115 hours.
 - (d) In the event it is necessary to postpone the start pursuant to RRS 27.3, the “Time” set out in Attachment A will no longer apply. The starting sequence will be governed by the visual signals (flags) according to the “Intervals” set out in Attachment A.¹
 - (e) All times referred to in these Sailing Instructions, Attachment “A”, and any subsequent amendments are GPS time. In the event of any discrepancy between GPS time and Race Committee signals, Race Committee visual signals shall govern and is not a ground for redress. This changes RRS 62.1(a).
- 9.2** The starting line will be between a staff displaying an orange flag on the committee boat and either a yellow inflatable tetrahedron or a “pin” with staff flying an orange flag.
- 9.3** Boats **shall keep clear of** the starting area after 1105, unless they are within five minutes of their scheduled starting time.
- 9.4** A boat starting later than 10 minutes after her starting signal may be scored Did Not Start without a hearing. This changes RRS A4.
- 9.5** If any part of a boat’s hull, crew or equipment is on the course side of the starting line when the start is signalled, the Race Committee will attempt to broadcast her sail number on VHF Channel 68. Failure to do so will not be grounds for redress. This modifies RRS 62.1(a).

¹ **Explanatory Note:** For example, in the event it is necessary to postpone the start of the race to 1130, the starting sequence will begin with the warning signal at 1125 (-5 minutes). Boat A, with a rating of 261, starts at 1130 (0 minutes), while Boat B, with a rating of 172, starts at 1145 (+15 minutes).

10 The Finish

- 10.1** The finish line will be between a staff displaying an orange flag on the committee boat and either a yellow inflatable tetrahedron or a “pin” with staff flying an orange flag.

11 Penalty System

RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

12 Time Limits

- 12.1** The time limit will be 4 hours from a boat’s actual start time or 1530 hours, whichever comes first. If at least one boat finishes within the time limit, there shall be a 30 minute extension to the time limit. No finish times will be recorded after this time.
- 12.2** Boats failing to finish within 30 minutes after the first boat sails the course and finishes may be scored Did Not Finish without a hearing. This changes RRS 35, A4, A5 and A9.

13 Protests and Requests for Redress

- 13.1** Protest forms are available at the Vancouver Rowing Club Carver Bar. Protests and requests for redress or reopening shall be delivered to the Racing Officer, or their designate, within the appropriate time limit.
- 13.2** The protest time limit is 1700 hours the day of the race. If the time limit is extended as set out in SI 12.1, the protest time limit is 1730 hours the day of the race.
- 13.3** A boat wishing to protest, in addition to any other requirement set out in the Racing Rules of Sailing, shall, prior to the committee boat leaving the finish area, notify the Race Committee of its intent to protest and receiving confirmation from the Race Committee that the Race Committee has received the boat's intent to protest by radio on VHF 68 or by hailing the Race Committee. This modifies RRS 61.
- 13.4** Parties to a protest will be informed by telephone or email by 1030 hours on the Monday after the race, to inform competitors of hearings in which they are parties. Parties are responsible for informing their own witnesses and ensuring their witnesses' attendance.
- 13.5** Hearings will be held at the Vancouver Rowing Club. Whenever possible, protests will be heard in the approximate order in which they were received, beginning at 1900 hours on the Tuesday immediately after the race.

14 Scoring

- 14.1** Boats not properly registered will not be scored.
- 14.2** One race shall constitute a series.
- 14.3** DNF, OCS, RAF, DSQ, & DNS boats will be scored one more than the number of boats that come to the start area in the race.

See RRS A9.
- 14.4** DNC boats will be scored one more than the number of boats that have registered in the race.
- 14.5** For Polar Bear Series registrants: The Remembrance Day Race shall also be scored as a Polar Bear Series race counting Polar Bear registrant boats only. See the Polar Bear Series Notice of Race and Sailing Instructions for additional information.
- 14.6** For non-Polar Bear Series registrants: Participation in the Remembrance Day race shall not constitute participation in the Polar Bear series nor require scoring within the Polar Bear series.

15 Safety Regulations

- 15.1** All boats shall notify the Race Committee of their intention to race **prior to 1055 hours** by providing their sail number and boat name to the Race Committee by radio VHF 68, or by approaching the committee boat and hailing prior to the first warning signal. Failure to comply with this instruction will result in the boat being scored "Did Not Start" without a hearing. This changes RRS A4 and A5.
- 15.2** A boat that retires from a race shall notify the Race Committee as soon as possible.

16 Trash Disposal

Sailors shall not put trash in the water. Trash shall be taken back to shore for proper disposal. Vancouver Rowing Club is committed to maintaining our pristine oceans for future enjoyment whenever possible.

17 Radio Communication

17.1 Except in an emergency, a boat shall neither make radio transmission while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

17.2 Competitors are strongly encouraged to monitor VHF channel 68 for communications from the Race Committee.

18 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

19 Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 per incident or the equivalent.

20 Sponsors

We wish to acknowledge the generous contributions of our sponsors, without whose support the Remembrance Day Race would not be possible:





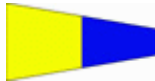
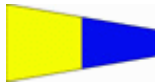
Evolution Sails Vancouver

21 Further Information

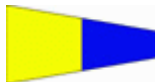
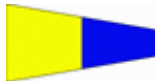
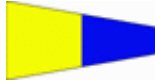
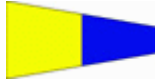
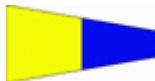
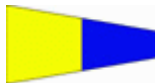
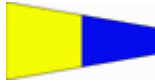
For further information please contact Jennifer Ross, Racing Officer, at RaceOfficer@vrcracing.ca.

Attachment "A"

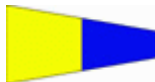
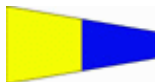
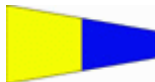
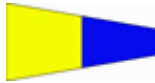
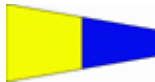
Starting Sequence

Time	Signal	Boat	Rating	Horn	PHRF Rating
1100	Two minutes silence			1	
1102	End of two minutes silence			1	
1105	 Up			1	
1106	 Up			1	
1109	 Down			1	
1110	 Down – Start			1	> 260
1111 (+1 min)					259 – 254
1112 (+2 min)					253 – 248
1113 (+3 min)					247 – 241
1114 (+4 min)					240 – 235
1115 (+5 min)	 Up	Nemesis	231	1	234 – 229
1116 (+6 min)	 Down				228 – 222
1117 (+7 min)					221 – 216
1118 (+8 min)		ffang	214		215 – 210
1119 (+9 min)		Jumala Mistral C'est Vrai	203 203 207		209 – 203

VRC Remembrance Day Race 2018 Sailing Instructions

Time	Signal	Boat	Rating	Horn	PHRF Rating
1120 (+10 min)	 Up	Lark	202	1	202 – 196
1121 (+11 min)	 Down	Mast Transit	193		195 – 191
1122 (+12 min)		Love It Or List It Silik	185 188		190 – 184
1123 (+13 min)		Argosy	179		183 – 178
1124 (+14 min)		Tenacity	177		177 – 172
1125 (+15 min)	 Up			1	171 – 165
1126 (+16 min)	 Down	Flaming Redhead Kootkha	159 160		164 – 159
1127 (+17 min)					158 – 153
1128 (+18 min)		Planetes II	147		152 – 147
1129 (+19 min)		Steller J	142		146 – 140
1130 (+20 min)	 Up	OCD	135	1	139 – 134
1131 (+21 min)	 Down	Jasmina Desparado	132 132		133 – 128
1132 (+22 min)		Godzilla Newd Adventure Krikkit	122 122 123		127 – 121
1133 (+23 min)					120 – 115
1134 (+24 min)		XS	109		114 – 109
1135 (+25 min)	 Up			1	108 – 102

VRC Remembrance Day Race 2018 Sailing Instructions

Time	Signal	Boat	Rating	Horn	PHRF Rating
1136 (+26 min)	 Down				101 – 99
1137 (+27 min)		Balderdash Presto	95 96		98 – 90
1138 (+28 min)		Wraith ClaraALLEGRO Harwar	85 84 86		89 – 83
1139 (+29 min)		Dominatrix Senza The Fugitive	82 82 78		82 - 77
1140 (+30 min)	 Up	Excalibur Spitfire Aorangi	73 76 76	1	76 – 70
1141 (+31 min)	 Down	Mojo Legacy	69 69		69 – 64
1142 (+32 min)		Mad Max Salient	63 60		63 – 58
1143 (+33 min)					57 – 52
1144 (+34 min)		65 Red Roses II	45		51 – 45
1145 (+35 min)	 Up			1	44 – 38
1146 (+36 min)	 Down				