

**Vancouver Rowing Club
Remembrance Day Race 2015
Sailing Instructions**

1 Rules

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2013 – 2016*, the Sail Canada national prescriptions, the Notice of Race, the Rules of PHRF-BC, the Sailing Instructions and any subsequent amendments, and notification from the Race Committee.
- 1.2** All boats must comply with Transport Canada and Canadian Coast Guard regulations, and Pacific International Yachting Association (PIYA) Safety Equipment Requirements (SER) Category Nearshore+ or ISAF Off Shore Regulations Category 4.

2 Notices to Competitors

Notices to competitors will be posted on the official notice board located at the entrance to the members' docks at the Vancouver Rowing Club, as well as at www.vrcracing.ca prior to 0900 hours on the day of the race.

3 Changes to Sailing Instructions

Any change to the Sailing Instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.

4 Signals Made Ashore

- 4.1** Signals made ashore will be displayed at the Mast Tower at the Vancouver Rowing Club.
- 4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.
- 4.3** When flag Y is displayed ashore, Rule 40 applies at all times while afloat. This changes the Part 4 preamble.

[Explanatory Note: when flag Y is displayed ashore, competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.]



5 Schedule of Races

- 5.1** Date of Racing: November 11, 2015
- 5.2** The scheduled time of the warning signal for the race is 1105 hours.
- 5.3** There will be only one race.
- 5.4** No warning signal will be made after 1400 hours.
- 5.5** The Race Committee will signal two minutes of silence in commemoration of Remembrance Day by a sound signal at 1100 hours. The Race Committee will signal the end of the two minutes of silence by a further sound signal. During the two minutes of silence, no engine use is permitted except in an emergency.

6 Divisions and Class Flags

- 6.1** There will be only one class.

- 6.2 The class flag will be the Numeral Pennant 1.



- 6.3 The race will be a pursuit start. The schedule of starts is set out in Attachment A.

7 Racing Areas

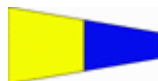
Racing will take place in the vicinity of English Bay.

8 The Courses and Marks

The Course is from the starting line to the Point Grey Bell Buoy (at approximately 49°17.35' N 123°15.9' W), leaving the mark to port, then return to the finish line.

9 The Start

- 9.1 (a) The race will be started as set out by the signals in Attachment A. This modifies Rule 26.
- (b) The start time is determined by the PHRF rating of the boat as set out in Attachment A.
- (c) Starting intervals for each rating range is one minute apart. Numeral Pennant 5 will be raised with one sound to signal five minute intervals, commencing at 1115 hours.



- (d) In the event it is necessary to postpone the start pursuant to Rule 27.3, the "Time" set out in Attachment A will no longer apply. The starting sequence will be governed by the visual signals (flags) according to the "Intervals" set out in Attachment A.¹
- (f) All times referred to in these Sailing Instructions, Attachment "A", and any subsequent amendments are GPS time. In the event of any discrepancy between GPS time and Race Committee signals, Race Committee visual signals shall govern, and is not a ground for redress. This changes Rule 62.1(a).
- 9.2 The starting line will be between a staff displaying an orange flag on the committee boat and either a yellow inflatable tetrahedron or a "pin" with an orange flag.
- 9.3 Boats whose warning signal has not been made **shall keep clear of** the starting area during the starting sequence for other races.
- 9.4 A boat starting later than 5 minutes after her starting signal may be scored Did Not Start without a hearing. This changes Rule A4.
- 9.5 If any part of a boat's hull, crew or equipment is on the course side of the starting line when the start is signalled, the Race Committee will attempt to broadcast her sail number on VHF Channel 68. Failure to do so will not be grounds for redress. This modifies rule 62.1(a).

¹ **Explanatory Note:** For example, in the event it is necessary to postpone the **start** of the race to 1130, the starting sequence will begin with the **warning signal** at 1125 (-5 minutes). Boat A, with a rating of 261, starts at 1130 (0 minutes), while Boat B, with a rating of 172, starts at 1145 (+15 minutes).

10 The Finish

- 10.1** The finish line will be between a staff displaying an orange flag on the committee boat and either a yellow inflatable tetrahedron or a “pin” with an orange flag.
- 10.2** Any Division may be finished by shortening the course at any mark at the discretion of the Race Committee.
- 10.3** The Race Committee may take times at any mark rounding and use that time as a finish time. This modifies Rules 32.1 and 32.2.

11 Penalty System

For all Divisions, Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

12 Time Limits

- 12.1** The time limit for each class will be 4 hours from its actual start time or 1530 hours, whichever comes first. If at least one boat in a Division finishes within the time limit, there shall be a 30 minute extension to the time limit for that Division. No finish times will be recorded after this time.
- 12.2** Boats failing to finish within 30 minutes after the first boat in their Division sails the course and finishes will be scored Did Not Finish without a hearing. This changes Rules 35, A4, and A5.

13 Protests and Requests for Redress

- 13.1** Protest forms are available at the Vancouver Rowing Club Carver Bar. Protests and requests for redress or reopening shall be delivered to Alan Ip, Racing Officer, or his designate, within the appropriate time limit.
- 13.2** The protest time limit is 1700 hours the day of the race. If the time limit is extended as set out in Sailing Instruction 12.1, the protest time limit for that Division is 1730 hours the day of the race.
- 13.3** A boat wishing to protest, in addition to any other requirement set out in the Racing Rules of Sailing, shall, prior to the committee boat leaving the finish area, notify the Race Committee of its intent to protest and receiving confirmation from the Race Committee that the Race Committee has received the boat’s intent to protest by radio on VHF 68 or by hailing the Race Committee. This modifies Rule 61.
- 13.4** Parties to a protest will be informed by telephone or email by 1030 hours on the Monday after the race, to inform competitors of hearings in which they are parties. Parties are responsible for informing their own witnesses and ensuring their witnesses’ attendance.
- 13.5** Hearings will be held at the Vancouver Rowing Club. Whenever possible, protests will be heard in the approximate order in which they were received, beginning at 1900 hours on the Tuesday immediately after the race.
- 13.6** Notices of protest by the Race Committee or protest committee will be posted to inform boats under Rule 61.1(b).

14 Scoring

- 14.1** The low point scoring system of Appendix A will apply.
- 14.2** Boats not properly registered will not be scored.
- 14.3** One race shall constitute a series.

14.4 DNF, OCS, RAF, DSQ, & DNS boats will be scored one more than the number of boats that come to the start area in that boat's division.

See Racing Rules of Sailing A9.

14.5 DNC boats will be scored one more than the number of boats that have registered in the series for that boat's division.

15 Safety Regulations

15.1 All boats shall notify the Race Committee of their intention to race **prior to 1055 hours** by providing their sail number and boat name to the Race Committee by radio VHF 68, or by approaching the committee boat and hailing prior to the first warning signal. Failure to comply with this instruction will result in the boat being scored "Did Not Start" without a hearing. This changes Rules A4 and A5.

15.2 A boat that retires from a race shall notify the Race Committee as soon as possible.

16 Equipment and Measurement Checks

A boat or equipment may be inspected at any time for compliance with PHRF-BC rules, PIYA SER or OSR rules, and Sailing Instructions.

17 Trash Disposal

Sailors shall not put trash in the water. Trash shall be taken back to shore for proper disposal. Vancouver Rowing Club is committed to maintaining our pristine oceans for future enjoyment whenever possible.

18 Diving Equipment and Plastic Pools

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the last race of the day.

19 Radio Communication

20.1 Except in an emergency, a boat shall neither make radio transmission while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

20.2 Competitors are strongly encouraged to monitor VHF channel 68 for communications from the Race Committee.

20 Race Tracking

Competitors are strongly encouraged to use RaceQs to track their race and to upload their tracks as soon after racing as possible. There will be a special door prize draw for the competitors who upload their RaceQs tracks.

21 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

22 Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 per incident or the equivalent.

23 Sponsors

We wish to acknowledge the generous contributions of our sponsors, without whose support the VRC Polar Bear Series would not be possible:

Evolution Sails Vancouver


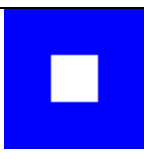

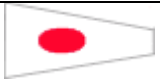

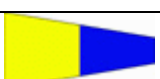
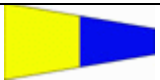
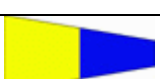
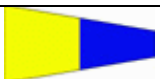
Ahoyhoy Marine Services

Aegis Marine Surveyors


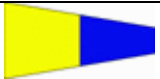
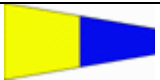
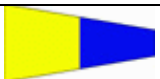
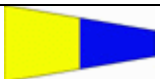
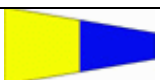
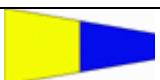
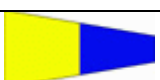
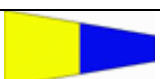
24 Further Information

For further information please contact Alan Ip, Racing Officer, at RaceOfficer@vracing.ca or 604-761-0380.

Attachment "A"
Starting Sequence

Time	Interval	Signal	Horn	PHRF Rating
1100		Two minutes silence	1	
1102		End of two minutes silence	1	
1105	-5 min	 Up	1	
1106	-4 min	 Up	1	
1109	-1 min	 Down	1	
1110	0 min	 Down – Start	1	> 260
1111	+1 min			259 – 254
1112	+2 min			253 – 248
1113	+3 min			247 – 241
1114	+4 min			240 – 235
1115	+5 min	 Up	1	234 – 229
1116	+6 min	 Down		228 – 222
1117	+7 min			221 – 216
1118	+8 min			215 – 210
1119	+9 min			209 – 203
1120	+10 min	 Up	1	202 – 196
1121	+11 min	 Down		195 – 191
1122	+12 min			190 – 184
1123	+13 min			183 – 178
1124	+14 min			177 – 172
1125	+15 min	 Up	1	171 – 165

VRC Remembrance Day Race 2015 Sailing Instructions

Time	Interval	Signal	Horn	PHRF Rating
1126	+16 min	 Down		164 – 159
1127	+17 min			158 – 153
1128	+18 min			152 – 147
1129	+19 min			146 – 140
1130	+20 min	 Up	1	139 – 134
1131	+21 min	 Down		133 – 128
1132	+22 min			127 – 121
1133	+23 min			120 – 115
1134	+24 min			114 – 109
1135	+25 min	 Up	1	108 – 102
1136	+26 min	 Down		101 – 99
1137	+27 min			98 – 90
1138	+28 min			89 – 83
1139	+29 min			82 - 77
1140	+30 min	 Up	1	76 – 70
1141	+31 min	 Down		69 – 64
1142	+32 min			63 – 58
1143	+33 min			57 – 52
1144	+34 min			51 – 45
1145	+35 min	 Up	1	44 – 38
1146	+36 min	 Down		