

# SAILING INSTRUCTIONS

VRC Summer Regatta 2016  
July 9<sup>th</sup> & 10<sup>th</sup>



## General Administration Information

The VRC Summer Regatta 2016 is organized and conducted by the Vancouver Rowing Club. The fleet will be divided into divisions and classes according to PHRF handicaps at the discretion of the Race Committee and the Vancouver Area Racing Council (VARC). This is a VARC event and VARC division splits will be used for competitors registered with VARC. Also see the [VARC NOR](#)

### ***Regatta Web Site***

Periodic updates and the very latest information on the regatta can be found on the VRC Racing web site at: <http://vrcracing.ca/summerregatta/>

### ***Regatta Headquarters***

The Vancouver Rowing Club is located at 450 Stanley Park Drive which can be found at the Georgia Street entrance to Stanley Park.

### ***Contacts***

Vancouver Rowing Club  
PO Box 5206  
Vancouver, BC  
tel: 604.687.3400  
fax: 604.687.6812  
email: [office@vancouverrowingclub.ca](mailto:office@vancouverrowingclub.ca)

**Race Officer:** Alan Ip – 604-761-0380 or [raceofficer@vrcracing.ca](mailto:raceofficer@vrcracing.ca)

### ***Moorage***

Free moorage at VRC will be available for visiting competitors, as space allows, from Friday night through to Sunday afternoon. Arrangements should be made thru the VRC office as early as possible. Boats must register with the club office prior to arrival, 604-687-3400



**Vancouver Rowing Club  
Summer Regatta 2016  
Sailing Instructions**

**1 Organizing Authority**

- 1.1** The Vancouver Rowing Club Summer Regatta 2016 is organized by Vancouver Rowing Club under the authority of BC Sailing and Sail Canada.

**2 Rules**

- 2.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2013 – 2016*, the Sail Canada national prescriptions, the Notice of Race, the Rules of ORC, PHRF-BC, and PHRF-NW, the Sailing Instructions and any subsequent amendments, and notification from the Race Committee.
- 2.2** All boats must comply with Transport Canada and Canadian Coast Guard regulations, and Pacific International Yachting Association (PIYA) Safety Equipment Requirements (SER) Category Nearshore or ISAF Off Shore Regulations Category 4, as amended in the VARC Notice of Race 2.5.3.
- 2.3** A yacht that impedes or obstructs commercial traffic may be subject to disqualification. A yacht that is the subject of five horns from commercial traffic may be subject to protest and disqualification.
- 2.4** All skippers must be a member of a club belonging to Sail Canada, or similar national sport governing body. Membership in Cascadia Yacht Club is available through BC Sailing for a nominal fee for one year.

**3 Notices to Competitors**

Notices to competitors will be posted on the Official Notice Board located at the entrance to the members' docks at the Vancouver Rowing Club prior to 0900 hours on the day of the race. As a courtesy, the Organizing Authority will make best efforts to notify each skipper via email at the email address provided at registration. Failure to do so will not be grounds for redress. This modifies rule 62.1(a).

**4 Changes to Sailing Instructions**

- 4.1** Any change to the Sailing Instructions will be posted before 0900 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.
- 4.2** Changes to the Sailing Instructions may be communicated orally on the water pursuant to Rule 90.2(c) to each boat before her warning signal via VHF Channel 68, no less than one minute after displaying flag L with one sound.

**5 Signals Made Ashore**

- 5.1** Signals made ashore will be displayed at the Mast Tower at the Vancouver Rowing Club.
- 5.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.



- 5.3** When flag Y is displayed ashore, Rule 40 applies at all times while afloat. This changes the Part 4 preamble.

*[Explanatory Note: when flag Y is displayed ashore, competitors shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices.]*



## 6 Schedule of Races

- 6.1** Dates of Racing:

9 July 2016

10 July 2016

- 6.2** The scheduled time of the warning signal for the first race each day is 1055 hours.

- 6.3** There may be more than one race on each race day.

- 6.4** Subject to weather, there will be one day of course racing and one day of coastal racing.

- 6.5** There will be no starts after 1630 hours on Saturday, 9 July 2016 and no starts after 1530 hours on Sunday, 10 July 2016.

- 6.6** All boats shall notify the Race Committee of their intention to race prior to 1045 hours at the beginning of each day by providing their boat name, sail number, and division to the Race Committee by radio VHF 68, or by approaching the committee boat and hailing. Failure to comply with this instruction may result in the boat being scored "Did Not Start" without a hearing. This changes Rules A4 and A5.

## 7 Divisions and Class Flags

- 7.1** Boats will be assigned to divisions based on their handicap rating or classification as follows:



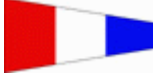

Div. 1: ORC GPH 610.0 or less

Div. 2: PHRF rating of 60-99

Div. 3: PHRF rating of 100-173

Div. 7: PHRF rating of 174-275

- 7.2** Class flags will be:

<b>Class</b>	<b>Flag</b>	
Division 1	Numeral Pennant 1	
Division 2	Numeral Pennant 2	
Division 3	Numeral Pennant 3	
Division 7	Numeral Pennant 7	

## 8 Racing Areas

Racing will take place in the vicinity of the area bound by QC, Kits Barge Buoy, QA, and Pam Rocks.

## 9 The Courses and Marks

9.1 Specific course designations are determined on each race day. This information will be communicated to competitors using a course board located on the committee boat prior to the warning signal for the Division(s) to which it applies. Marks are to be rounded in the sequence they appear on the course board.

9.2 When the Race Committee displays a green flag on the committee boat, all non-gate marks are to be rounded to starboard. When the Race Committee does not display a green flag on the committee boat, all non-gate marks are to be rounded to port. Boats shall sail between the gate marks from the direction of the previous mark and round either gate mark.

9.3 Marks are described in Attachment A. Anchored Inflatable Marks may be either yellow VRC marks or orange TCYC marks.

## 10 The Start

10.1 Races will be started using Rule 26 with the warning signal made 5 minutes before the starting signal.

10.2 The starting line will be between a staff displaying an orange flag on the committee boat and either an anchored inflatable mark or a "pin" with an orange flag.

10.3 There may be an inflated mark attached to the committee boat as a spacer mark. The spacer mark and any lines attached to it are considered part of the committee boat. Boats **shall not sail** between the spacer mark and the committee boat. Any boat sailing between the spacer mark and the committee boat may be subject to protest by the race committee.

10.4 Boats whose warning signal has not been made **shall keep clear of** the starting area during the starting sequence for other races.

10.5 A boat starting later than 5 minutes after her starting signal may be scored Did Not Start without a hearing. This changes Rule A4.

10.6 If any part of a boat's hull, crew or equipment is on the course side of the starting line when the start is signalled, the Race Committee will attempt to broadcast her sail number on VHF Channel 68. Failure to do so will not be grounds for redress. This modifies rule 62.1(a).

## 11 The Finish

11.1 The finish line will be between a staff displaying an orange flag on the committee boat and either an anchored inflatable mark or a "pin" with a blue flag.

11.2 Any Division may be finished by shortening the course at any mark at the discretion of the Race Committee.

11.3 The Race Committee may take times at any mark rounding and use that time as a finish time. This modifies Rules 32.1 and 32.2.



**12 Target Times**

**12.1** The target time for course racing is one hour.

**12.2** The target time for coastal racing is 4 hours.

**13 Time Limits**

**13.1** For course racing:

(a) The time limit for each class is 70 minutes from its actual start time, or 1730 hours, whichever is earlier.

(b) Boats failing to finish within 20 minutes after the first boat in their Division sails the course and finishes may be scored Did Not Finish without a hearing. This changes Rules 35, A4, and A5.

**13.2** For coastal racing:

(a) The time limit for each class is 1600 hours.

(b) If at least one boat in a Division finishes within the time limit, there shall be a 30 minute extension to the time limit for that Division. No finish times will be recorded after this time.

(c) Boats failing to finish within 30 minutes after the first boat in their Division sails the course and finishes may be scored Did Not Finish without a hearing. This changes Rules 35, A4, and A5.

**14 Protests and Requests for Redress**

**14.1** A boat wishing to protest, in addition to any other requirement set out in the Racing Rules of Sailing, shall, after finishing and prior to the warning signal for the next race, or if the incident giving rise to the protest occurred during the last race of the day, prior to the committee boat leaving the start area, notify the Race Committee, by radio on VHF 68 or by hailing the Race Committee, of its intent to protest and the names of the boat(s) it intends to protest, and receiving confirmation from the Race Committee that the Race Committee has received the boat's intent to protest. This modifies Rule 61.

**14.2** Protest forms are appended to these Sailing Instructions and are also available at the Vancouver Rowing Club Carver Bar. Protests and requests for redress or reopening shall be delivered within the appropriate time limit in person to Alan Ip, Racing Officer, or his designate. Protestors are encouraged to have their protest forms ready for submission when their boat docks and to have a rule book available.

**14.3** The Protest Time Limit is 60 minutes after the Race Committee returns to the dock. The Race Committee will post the Protest Time Limit on the Official Notice Board.

**14.4** Parties to a protest will be informed via the Official Notice Board. Parties are responsible for informing their own witnesses and ensuring their witnesses' attendance.

**14.5** Hearings will be held at the Vancouver Rowing Club after each day of racing. Whenever possible, protests will be heard in the approximate order in which they were received, beginning no less than 15 minutes and no more than 45 minutes after the expiration of the Protest Time Limit.



- 14.6** Notices of protest by the Race Committee or protest committee will be posted to inform boats under Rule 61.1(b).

## **15 Scoring**

- 15.1** The low point scoring system of Appendix A will apply.
- 15.2** Boats not properly registered will not be scored.
- 15.3** One race shall constitute a series.
- 15.4** DNF, OCS, RAF, DSQ, & DNS boats will be scored one more than the number of boats that come to the start area in that boat's division.  
See Racing rules of Sailing A9.
- 15.5** DNC boats will be scored one more than the number of boats that have registered in the regatta for that boat's division.
- 15.6** Scoring for yachts racing under an ORC Club or ORCi Certificate will be calculated by Time on Time using the Triple Number scoring coefficient for one of the following three wind speed ranges:  
Low Range (9 knots or less)  
Medium Range (between 8 and 14 knots)  
High Range (equal to or greater than 14 knots)
- 15.7 (a)** The Race Committee will post the Declared Wind Range that it plans to use for each race on the Course Board:  
L = Low Range  
M = Medium Range  
H = High Range
- (b)** The Race Committee may change the wind speed range if the actual recorded wind speed range is different than the Declared Wind Speed Range for more than 50% of the time that it takes the first-to-finish boat to transit the course. Any adjustments to the wind speed range will be based on the winds observed at the Committee Boat.
- 15.8** In Divisions 1 and 2, all boats that have an ORC certificate are eligible to be scored ORC for an overall VRC Summer Regatta ORC Course Racing Championship.
- 15.9** Regardless of division, all boats that have an ORC certificate are eligible to be scored ORC for an overall VRC Summer Regatta ORC Coastal Racing Championship.

## **16 Safety Regulations**

A boat that retires from a race, or retires from further racing for the day, shall notify the Race Committee as soon as possible.

## **17 Equipment and Measurement Checks**

A boat or equipment may be inspected at any time for compliance with PHRF-BC or ORC rules, PIYA SER or OSR rules, and the Sailing Instructions.





**18 Trash Disposal**

Sailors shall not put trash in the water. Trash shall be taken back to shore for proper disposal. Vancouver Rowing Club is committed to maintaining our pristine oceans for future enjoyment whenever possible.

**19 Diving Equipment and Plastic Pools**

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the last race of the day.

**20 Radio Communication**

**20.1** Except in an emergency, a boat shall neither make radio transmission while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

**20.2** Competitors are strongly encouraged to monitor VHF channel 68 for communications from the Race Committee.

**21 Race Tracking**

Competitors are strongly encouraged to use RaceQs to track their race and to upload their tracks as soon after racing as possible. There will be a special door prize draw for the competitors who upload their RaceQs tracks.

**22 Disclaimer of Liability**

Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

**23 Insurance**

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 per incident or the equivalent.

**24 Sponsors**

We wish to acknowledge the generous contributions of our sponsors, without whose support the VRC Summer Regatta would not be possible:

Evolution Sails Vancouver

Havana Club Rum

Ahoyhoy Marine Services

Aegis Marine Surveyors

**25 Further Information**

**25.1** For further information please contact Alan Ip, Racing Officer, at [RaceOfficer@vrccracing.ca](mailto:RaceOfficer@vrccracing.ca) or 604-761-0380.

**25.2** Notice of Race, Sailing Instructions, and other race information can be found online at <http://vrccracing.ca/summerregatta/>

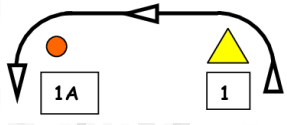
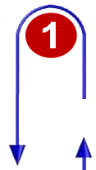
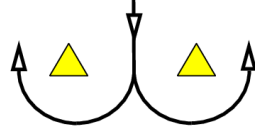
**25.3** Summer Regatta Dinner and T-shirts may be purchased at:

[https://www.vancouverrowingclub.ca/Club%20Info/Online-Payments/Summer\\_Regatta\\_Dinner.aspx](https://www.vancouverrowingclub.ca/Club%20Info/Online-Payments/Summer_Regatta_Dinner.aspx)





**Attachment "A"**  
**Marks of the Course**

Designation	Description	Approximate Position	Explanatory Note <sup>1</sup>
<b>A</b>	QA Buoy	49°16.3 N    123°19.2 W	
<b>B</b>	QB Buoy	49°19.0 N    123°12.0 W	
<b>C</b>	QC Buoy	49°18.2 N    123°10.0 W	
<b>D</b>	Anchored Inflatable Mark	Approximate position will be broadcast prior to the warning signal for the race on VHF 68	
<b>E</b>	Anchored Inflatable Mark	Approximate position will be broadcast prior to the warning signal for the race on VHF 68	
<b>F</b>	Anchored Inflatable Mark	Approximate position will be broadcast prior to the warning signal for the race on VHF 68	
<b>G</b>	Point Grey Bell Buoy (Q62)	49°17.35' N    123°15.9' W	
<b>K</b>	Kits Barge Buoy	49°16.9 N    123°09.8 W	
<b>P</b>	Passage Island		
<b>R</b>	Pam Rocks		
<b>W</b>	Anchored Inflatable Mark with Offset – Boats shall round both marks and the two marks together constitute mark "W".	Approximate position will be broadcast prior to the warning signal for the race on VHF 68	
<b>X</b>	Anchored Inflatable Mark	Approximate position will be broadcast prior to the warning signal for the race on VHF 68	
<b>Y</b>	Anchored Inflatable Mark	Approximate position will be broadcast prior to the warning signal for the race on VHF 68	
<b>Z</b>	Gate formed by two Anchored Inflatable Marks	Approximate position will be broadcast prior to the warning signal for the race on VHF 68	

<sup>1</sup> Explanatory Notes diagrams depict port roundings.



**THIS SIDE FOR PROTEST COMMITTEE USE**

Number ..... Heard together with numbers .....

*Fill in and tick as appropriate*

Withdrawal requested  Signature ..... Withdrawal permitted

Protest time limit .....

Protest, or request for redress or reopening, is within time limit  Time limit extended

Protestor, or party requesting redress or reopening, represented by .....

Other party, or boat being considered for redress, represented by .....

Names of witnesses .....

Interpreters .....

- |  |                          |               |
|--|--------------------------|---------------|
| No objection about interested party                                | <input type="checkbox"/> | Remarks ..... |
| Written protest or request identifies incident                     | <input type="checkbox"/> | .....         |
| 'Protest' hailed at first reasonable opportunity                   | <input type="checkbox"/> | .....         |
| No hail needed; protestee informed at first reasonable opportunity | <input type="checkbox"/> | .....         |
| Red flag conspicuously displayed at first reasonable opportunity   | <input type="checkbox"/> | .....         |

Protest or request valid; hearing will continue  Protest or request invalid; hearing is closed

**FACTS FOUND** .....  
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.....

Diagram of boat ..... is endorsed by committee  Committee's diagram is attached

**CONCLUSIONS AND RULES THAT APPLY** .....  
.....  
.....

**DECISION**

Protest: dismissed  Boat(s) ..... is (are) disqualified  penalized as follows  : .....

Redress: not given  given as follows  : .....

Request to reopen a hearing: denied  granted

Protest committee chairman and other members .....

Chairman's signature ..... Date and time .....